

LEG PRESS

JPL-128

◆ The robust leverage plate loaded design provides large foot plat form for better range and lower body stabilization. Linkage system optimizes angle of footplate maintaining a comfortable ankle angle through motion. The rotary path of the weight plates provides an optimal resistance profile, increasing as legs move to full extension. A stopper minimizes risk while performing exercise.

◆ **DIMENSION:**
Length : 93 inches / 236 cms
Width : 56 inches / 142 cms
Height : 61 inches / 155 cms

◆ **MUSCLE WORKED:**
Glutes
Hamstrings

